

Participant #	Fat %	Height	BMI	Weigh-In	Weigh-In	Weigh-In	Weigh-In	Final-Weight	Wt Loss	% Wt Loss	(after) Fat %	(after) BMI
1				214				203.0	11.0	5.14%		
2	34.0%		35.4	200				195.6	4.4	2.20%	34.2%	34.7
3	21.3%		20.7	140				139.6	0.4	0.29%	22.7%	20.7
4	32.9%	5'9	31.1	211				206.8	4.2	1.99%	32.1%	30.6
5	21.0%	6'1	28.9	219				210.0	9.0	4.11%	18.8%	27.7
6	28.4%		24.3	155				154.0	1.0	0.65%	28.0%	24.1
7	24.9%	6'0"	35.4	261	196			256.6	4.4	1.69%	24.8%	34.9
8	32.8%	5'7.5"	31.0	201	201			193.0	8.0	3.98%	30.5%	29.3
9	23.5%	6'3"	22.6	181				180.4	0.6	0.33%	25.1%	22.6
10	33.6%	5'7"	29.4	188	176			176.0	12.0	6.38%	31.5%	27.5
11				246	241			241.4	4.6	1.87%		
12	26.0%		23.1	139				135.4	3.6	2.59%	26.2%	22.5
13	22.2%		22.5	132				132.0	0.0	0.00%	22.8%	22.7
14	37.8%		36.7	238				237.0	1.0	0.42%	37.8%	36.5
15	25.4%		26.3	173	170	168		168.0	5.0	2.89%		
16	34.6%		28.5	171	164			161.8	9.2	5.38%	31.9%	27.0
17	37.5%		36.1	204	196			192.4	11.6	5.69%	37.1%	34.0
18	27.9%		24.3	153	149			147.2	5.8	3.79%	26.6%	23.4
19	28.8%		33.4	207	203			203.0	4.0	1.93%	28.5%	32.8
20	34.1%		28.9	158	159			156.4	1.6	1.01%	34.2%	28.5
21	33.5%		28.2	174	167			167.4	6.6	3.79%		
22	27.4%		25.4	134	133	133		132.4	1.6	1.19%	24.9%	24.6
23	22.0%		26.9	182	177	174		174.0	8.0	4.40%		
24	31.3%		27.9	183				0.0		0.00%		
25	30.0%		27.0	139				0.0		0.00%		
26	25.0%		31.0	210	207			207.0	3.0	1.43%	23.6%	30.6
27	37.1%		34.0	251				256.4	-5.4	-2.15%		
28	37.7%		39.3	212	210			209.0	3.0	1.42%	37.5%	38.9
29	31.9%		30.2	221				0.0		0.00%		
30	26.0%		24.1	136	132			136.0	0.0	0.00%	28.3%	24.1
31	37.3%		32.6	184				184.0	0.4	0.22%		
32	36.4%		35.3	181	173			173.0	7.8	4.31%		
33	32.2%		28.8	168				0.0		0.00%		
34	31.3%		22.9	117	116	116		0.0		0.00%		
35	15.2%		28.1	196				190.0	5.6	2.86%	15.8%	27.2
36	25.8%		24.4	142	141			138.2	3.6	2.54%	25.5%	23.7
37	29.1%		25.8	141	139			138.2	2.6	1.85%	28.3%	25.2
38	28.3%		25.1	151				146.2	4.4	2.92%	28.3%	24.3
39	23.5%		22.3	130				129.6	0.6	0.46%	23.6%	22.3
40	33.0%		31.2	185				177.0	7.8	4.22%	30.5%	29.9
41	26.1%		24.7	165	163	160	159	156.6	8.6	5.21%	24.8%	23.5
42	23.3%		23.7	163				162.0	1.0	0.61%	23.8%	23.6
43				160	157			158.2	1.4	0.88%		